

# College Athletics in Admissions

Scan the QR code to sign up for MEFA emails on relevant college planning topics



[facebook.com/mefaMA](https://facebook.com/mefaMA)



[@mefa\\_ma](https://www.instagram.com/@mefa_ma)



[@MEFAtweets](https://twitter.com/MEFAtweets)



[linkedin.com/company/mefa](https://linkedin.com/company/mefa)



[youtube.com/MEFAcounselor](https://youtube.com/MEFAcounselor)



[mefa.org/mefa-podcast](https://mefa.org/mefa-podcast)

**MEFA**<sup>TM</sup>

# Today's Panelists



Mike Janicki  
*Guidance Counselor*  
**Old Rochester Regional  
High School**



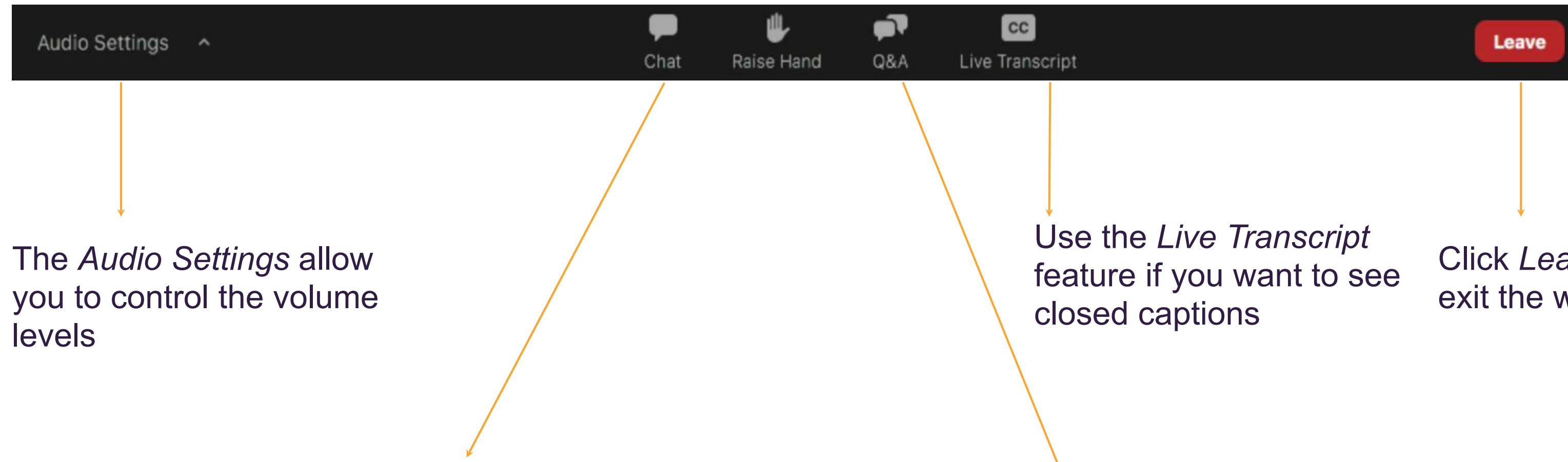
Julie Shields-Rutyna  
*Senior Director of College  
Planning, Education, & Training*  
**MEFA**

# About MEFA

State authority created by the Commonwealth of Massachusetts in 1982, helping families plan, save, and pay for college



# How to Participate



# Webinar Topics

- Define NCAA, NAIA, NJCAA
  - Division I, II, III
- Eligibility
  - Core Courses
  - Grades/Scores = Scale
  - Registration
- College Search Process
  - The Search
  - Coaches' Contact
  - Letter of Intent

# NCAA

- 1,100+ colleges and universities
- 480,000 student athletes
- Three divisions
  - Not based on school size
  - Determined by facilities and resources allocated
    - (not all D1 schools offer athletic scholarships)
- 90 national championships
- 40 sports
  - Basketball/Football....Rifle



# NCAA - Division I, II, III

## DI

- Equivalent of “full-time job”
- Broad range of scholarship opportunities
- Outside of basketball and football, most are NOT full scholarships

## DII

- Larger emphasis on scholarship and broad campus involvement
- More regional competition to avoid long travel

## DIII

- Shorter practice and competition seasons
- Focus on student



# NAIA & NJCAA

## National Association of Intercollegiate Athletics

- 250 small colleges and universities (1700 enrollment average)
- Athletics scholarships
- Stress balances between academics and athletics
- Compare to DII

## National Junior College Athletic Association

- 500 institutions
- 2-year programs
- Can be used as option to strengthen academic or athletic preparation



# Eligibility “2.3 or take a knee”

NCAA

- Different for each division

NAIA

NJAA

# Eligibility: NCAA

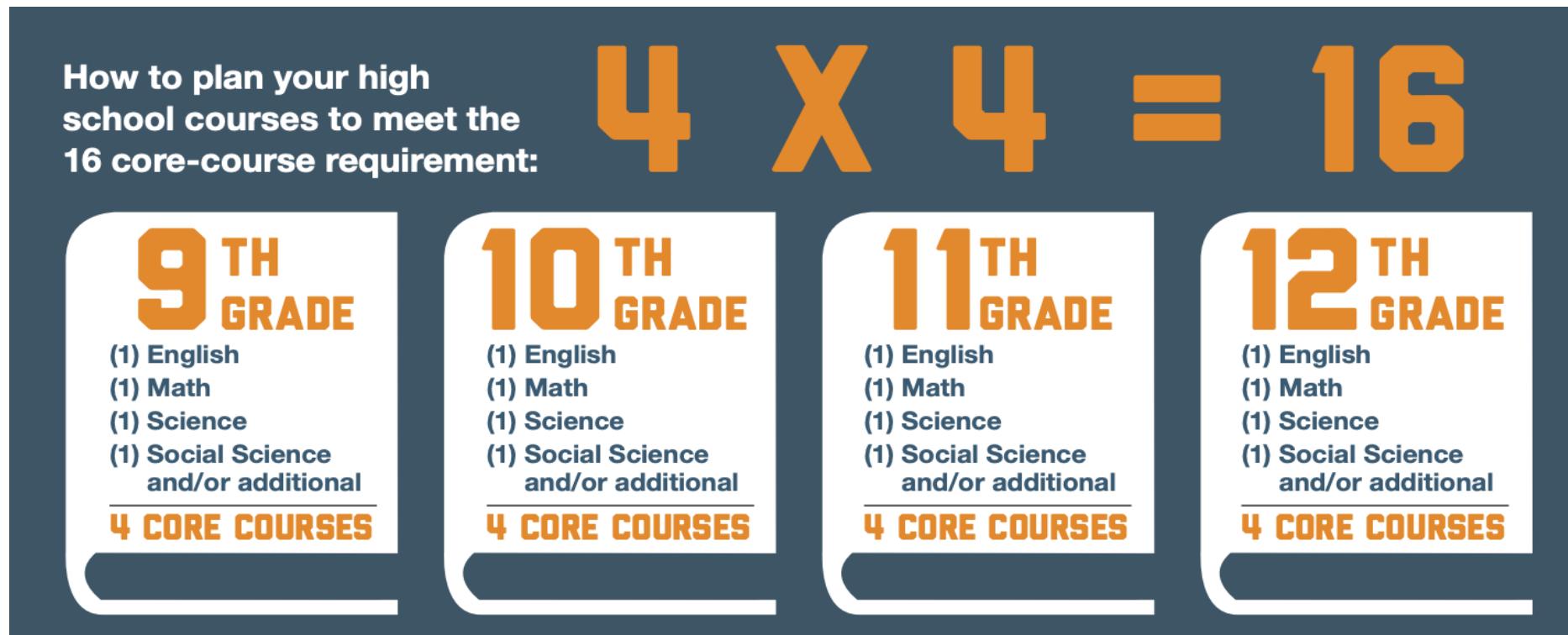
## DI & {II}

- Graduate from high school
- Complete 16 core courses in specific disciplines
- “10/7 Rule” -10 of these courses in prescribed disciplines must be completed before the start of the student’s 7th semester {not the case}
- Earn at least a 2.3 {2.2} GPA in the 16 core courses pass/fail courses at the lowest passing grade point
- No longer utilizing SAT/ACT, BUT school or major might

## DIII

For a student to compete at a Division III institution, the student needs to meet the same admission standards and academic standards as any other student admitted to the institution.

# Eligibility: NCAA Sliding Scale & Quality Points



## QUALITY POINTS

A = 4 points  
B = 3 points  
C = 2 points  
D = 1 point

## UNITS OF CREDIT

1 quarter unit = 0.25 units  
1 trimester unit = 0.34 units  
1 semester unit = 0.50 units  
1 year = 1 unit

ENGLISH

4 years

MATH  
(Algebra I or higher)

3 years

NATURAL/PHYSICAL SCIENCE  
(Including one year of lab, if offered)

2 years

ADDITIONAL  
(English, math or natural/physical science)

1 year

SOCIAL SCIENCE

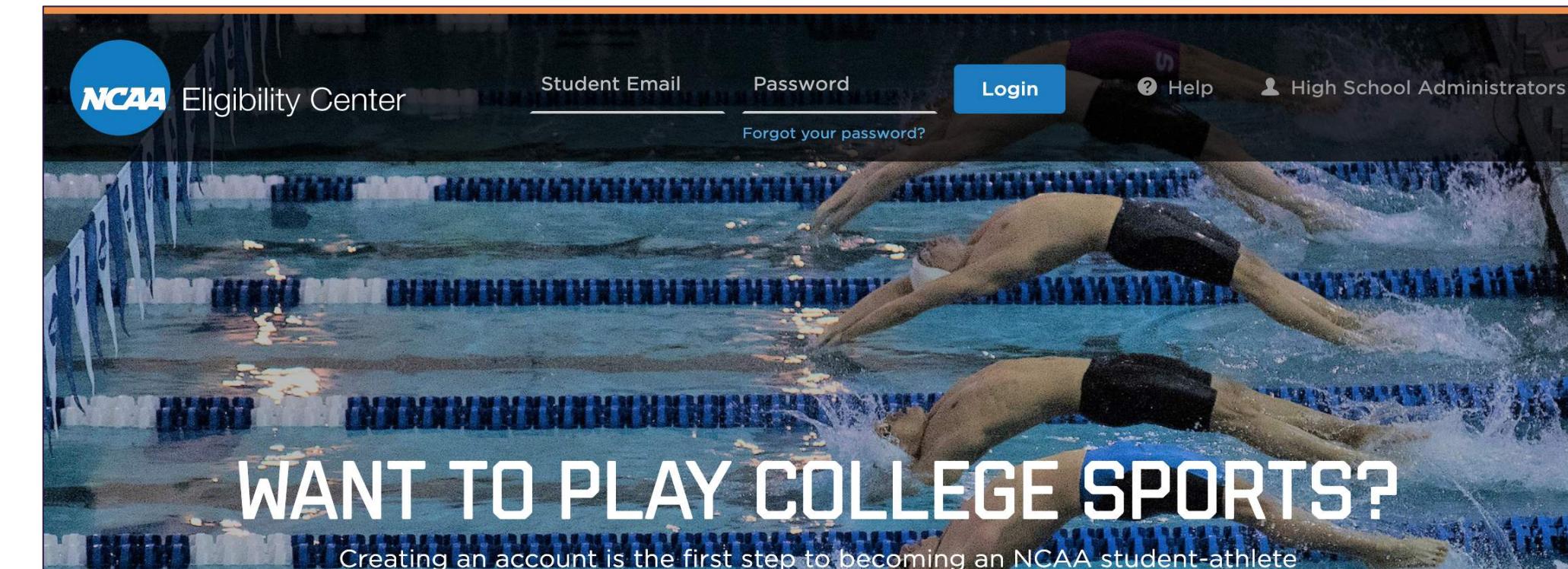
2 years

ADDITIONAL COURSES  
(Any area listed to the left, foreign language or comparative religion/philosophy)

4 years

# Eligibility: NCAA

- Eligibility Center: [eligibilitycenter.org](https://eligibilitycenter.org)
  - Easy online registration
  - HS will upload transcript
  - NCAA ID
- Academic & Athletic Certification
  - \$fee
  - D1 & 2
- Athletic Certification
  - International / Transfers
- Profile Page
  - free
  - D3



# Eligibility: NAIA

2.3+ GPA -or-

Two of the following:

- A cumulative GPA of 2.0 on a 4.0 scale
- Class rank within the top 50% of their graduating class
- ACT score of 18 or SAT score of 970 (Critical Reading and Math combined)

Register with [PlayNAIA.org](http://PlayNAIA.org)

# Eligibility: NJCAA

- Student-athletes should be high school graduates or the equivalent
- Student-athletes must be in academic good standing at their institution
- Student-athletes must be an amateur in their sport, i.e. have not received financial compensation for their performance of the sport
- Student-athletes must meet the entrance requirements of the institution



# Transfer Tips - Not NCAA Portal-Related

As some students may consider eventually transferring from a junior college or community college to a four-year university, they should be informed that they will need to get the athletic departments from both the school they are transferring from as well as the prospective institution involved in the process early. In addition, they should note the following:

- The transfer process for student-athletes varies according to their status: qualifier or non-qualifier
- Student-athletes cannot transfer on their own and will need the support of both athletic departments
- Rigorous courses throughout high school
- Solid academic grades

# College Search Process

- “Getting Seen”
- Recruiting Process
- Coaches’ Contacts

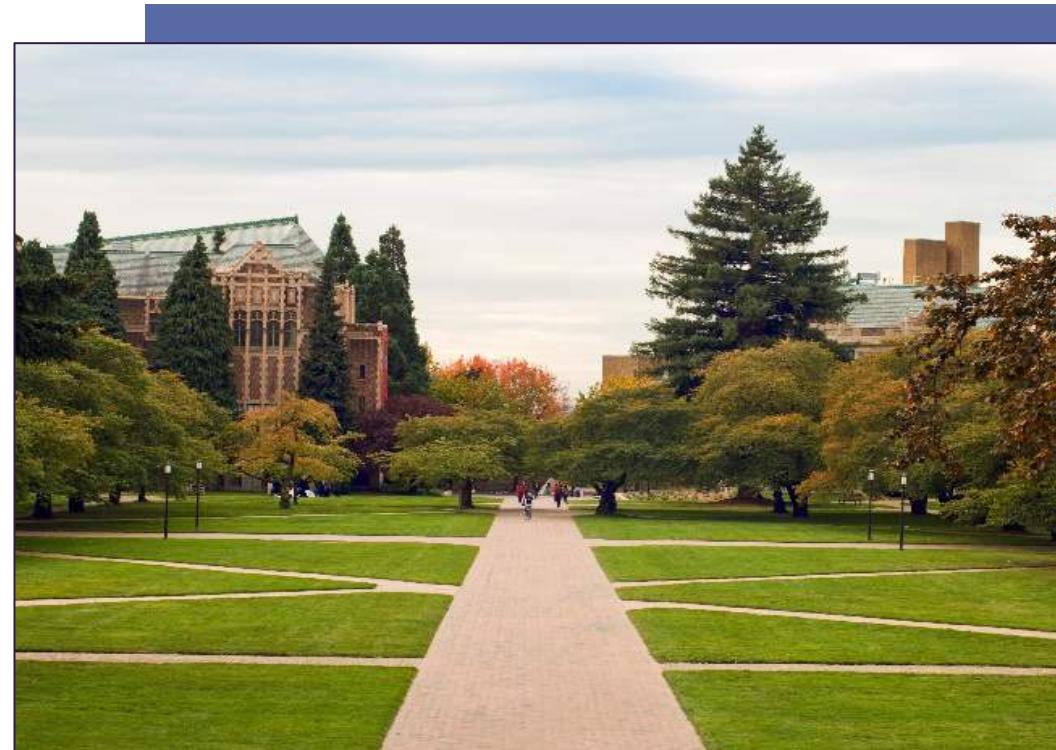
  

- 2% of high school athletes are offered athletic scholarships

# College Search Process

## Start Early

- “Student” is first
- Choosing the right school
- It’s about “fit”
- Campus setting

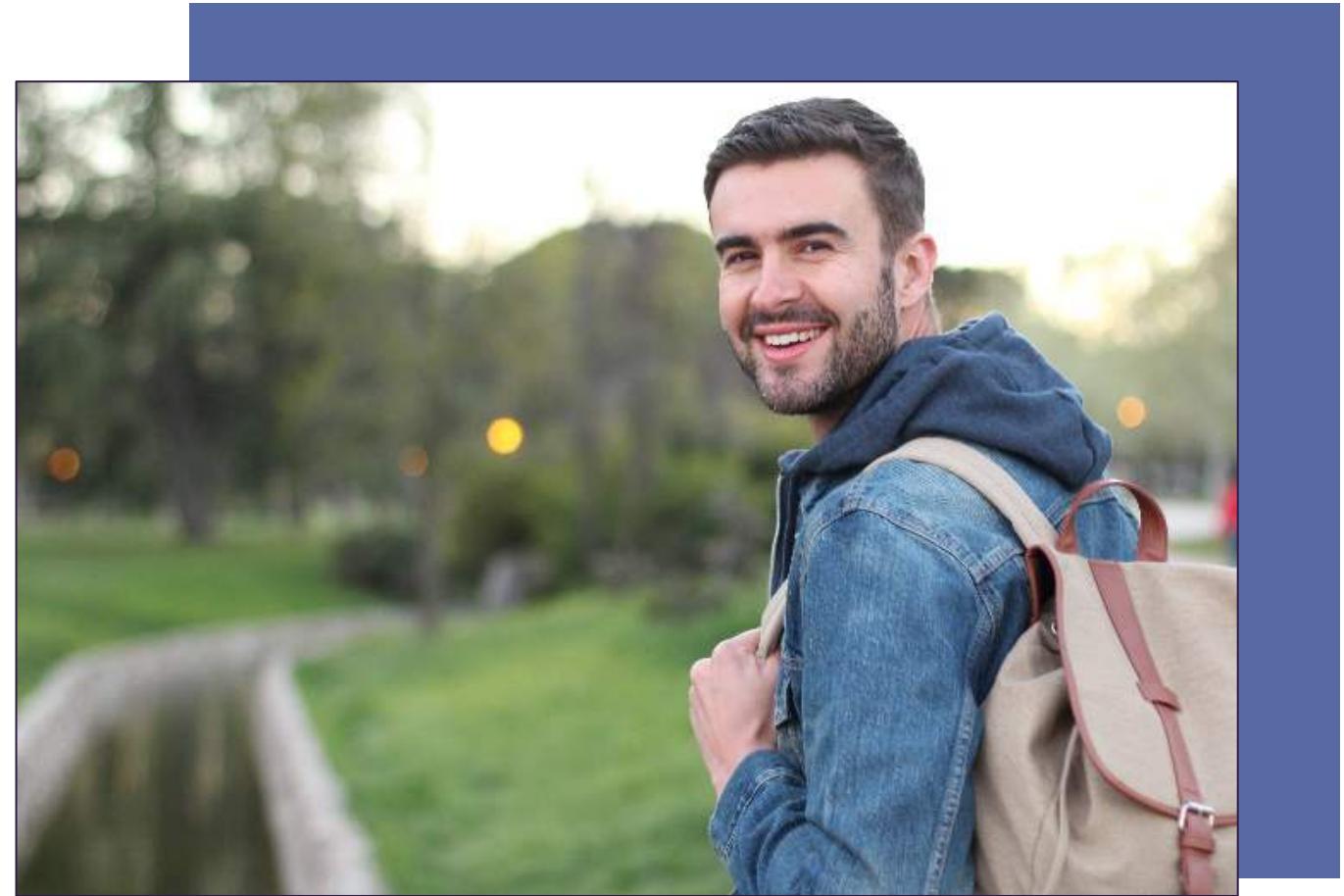


## Then think about:

- How does athletics fit into the campus experience?
- Responsibilities as a student-athlete
- “Vacation” calendar different from academic calendar
- Summer responsibilities
  - Make up classes missed
  - Camps/workouts

# Getting Seen

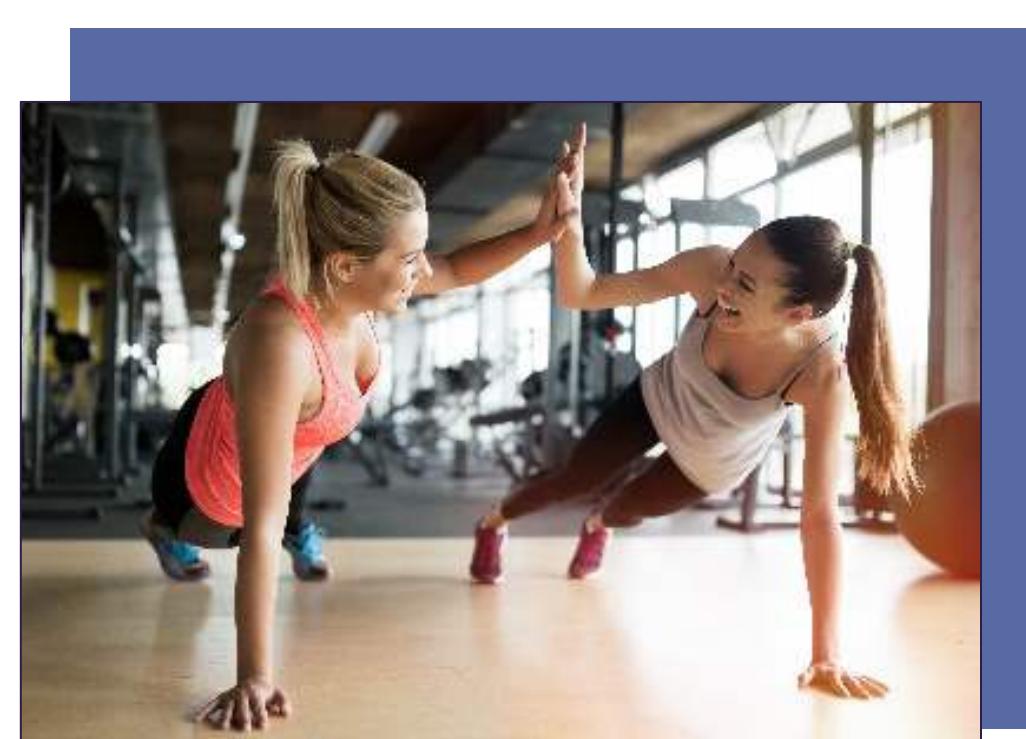
- First name, last name
- NCAA ID
- Height, weight
- Position(s) played
- Phone number, email address
- Cumulative GPA, ACT and/or SAT scores (if taken)
- Head coach's name
- Head coach's phone and email address
- Date of graduation/enrollment
- Link to film/scouting reports, upcoming showcases, tournaments, games



*Where recruiting companies/agencies have broad range and access to a mass market, STUDENT-initiated contact can be more productive. Demonstrate initiative, leadership, and strength of character.*

# Question to Ask Coaches

- What is a typical day, week, year like for your student-athlete?
- I am interested in majoring in xxx, will my studies conflict with athletic season?
- What type of academic support do student-athletes receive?
- What are the housing/meal plan options?
- What happens if a student-athlete gets injured?
- What is the application process?
- What are the graduation rates of student-athletes?
- What is the coaching philosophy and style?
- Are there currently upperclassmen at that position/role?
- What happens if the coach leaves the institution?
- How is the transfer portal affecting your team next season?



# Coaches' Contacts

Different calendar and terms used between Div 1, 2, 3 (found online)

Compliance Office as on campus resource

# Coaches' Contacts

- **Contact:** A contact happens any time a college coach says more than “hello” during a face-to-face meeting with a student or the student’s parents off the college’s campus
- **Contact period:** During a contact period, a college coach may have face-to-face contact with a student or the student’s parents, watch the student compete, visit the student’s high school, and call or write to the student or parents
- **Dead period:** A college coach may not have any face-to-face contact with a student or parents on or off the college campus at any time during a dead period; the coach may call or write a student or parents during this time

# Coaches' Contacts

- **Evaluation:** An evaluation happens when a college coach observes a student practicing or competing
- **Evaluation period:** During an evaluation period, a college coach may watch a student compete, visit a student's high school, and call or write to a student or parents. However, a college coach may not have face-to-face contact with a student or parents off the college's campus during an evaluation period

# Coaches' Contacts

- **Official Visit:** During an official visit, the college can pay a student for transportation to and from the college for the student (and up to two family members in Division I Basketball and FBS Football), lodging and meals (Division I allows for up to three meals per day) for the student and up to four family members, as well as reasonable entertainment expenses, including five tickets to a Division I or Division II home sports event. Before a Division I or II college may invite a student on an official visit, the student will have to provide the college with a copy of his or her high school transcript and register for a Certification Account with the NCAA Eligibility Center. In Division I, it is not permissible to make an official visit during a recruiting shutdown period or a dead period.

# Coaches' Contacts

- **Unofficial Visit:** Any visit by a student or parents to a college campus paid for by the student or parents. The only expense a student may receive from the college is three complimentary admissions to a Division I home athletics contest or five complimentary admissions to a Division II home athletics contest. Students may make as many unofficial visits as desired after the first permissible date in each sport. The only time a student cannot talk with a coach during an unofficial visit is during a dead period. In Division I, it is not permissible to make an official visit during a recruiting shutdown period or a dead period. In Division III, a student may receive one on-campus meal as well as admission to a home athletics event for the student and those accompanying the student.

# Issues to Consider

Grades

Desire to Play

“Reality of Ability”

Transfer Portal

# “STUDENT”-Athlete

- “What class do I have tomorrow?”
- Academic Advisor
- Study Hall
- Eligibility



# Desire to Play

## Whose?

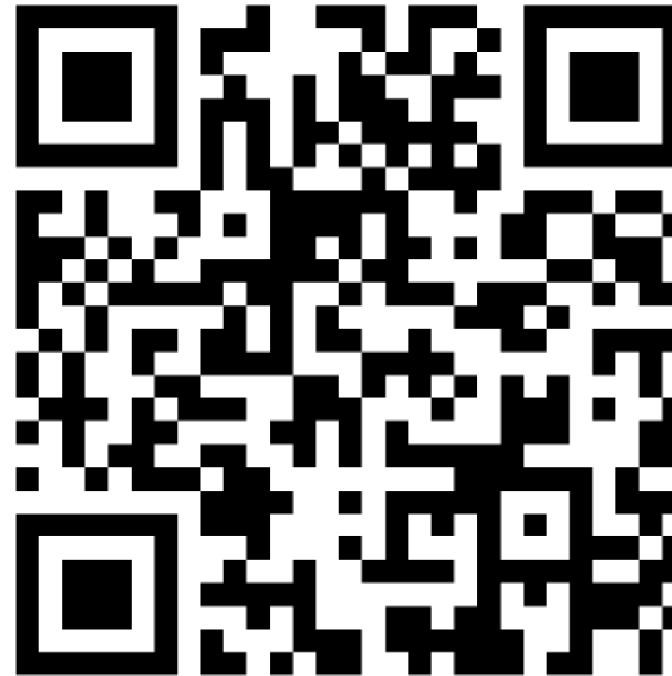
# Post-Grad Year



- Prep School
- Junior/Community College
- Possible opportunity to improve academics, strength, recruiting reach

# Connect with MEFA

**Scan the QR code to  
sign up for MEFA  
emails on relevant  
college planning  
topics.**



-  [facebook.com/mefaMA](https://facebook.com/mefaMA)
-  [@mefa\\_ma](https://www.instagram.com/@mefa_ma)
-  [@MEFAtweets](https://twitter.com/MEFAtweets)
-  [linkedin.com/company/mefa](https://linkedin.com/company/mefa)
-  [youtube.com/MEFAcounselor](https://youtube.com/MEFAcounselor)
-  [mefa.org/mefa-podcast](https://mefa.org/mefa-podcast)