

Financial Aid 101 for School Counselors

A MEFA Institute Webinar

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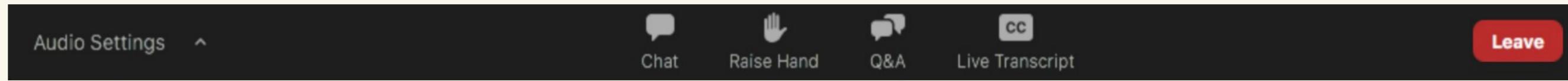
youtube.com/MEFAcounselor



mefa.org/mefa-podcast

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About MEFA

**State authority created by the
Commonwealth of Massachusetts
in 1982, helping families plan,
save, and pay for college**



Webinar Topics

- Types & Sources of Financial Aid
- The Application Process
- How Financial Aid Decisions Are Made
- Paying for College
- Free Resources

TYPES AND SOURCES OF FINANCIAL AID

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What is Financial Aid?

Financial aid is money to help students pay for college

- 3 main types:
 - Grants and scholarships (gift aid)
 - Federal work-study
 - Federal student loans

Federal Direct Student Loans

- Student is the sole borrower
- No credit check
- Subsidized and Unsubsidized
- 5.5% fixed interest rate for 2023-24
- Repayment:
 - No payments due while enrolled
 - Multiple options (many tied to income)
 - Total borrowed for 4 years: \$27,000 max
 - Estimated payment: \$300/month for 10 years
 - Estimated total debt: \$32,000-\$34,000
 - Deferment, forbearance, and forgiveness opportunities

Annual Loan Limits

Freshman Year	\$5,500
Sophomore Year	\$6,500
Junior Year	\$7,500
Senior Year	\$7,500

Sources of Financial Aid

Federal

- Grants, work-study, loans, tax incentives
- [StudentAid.gov](https://studentaid.gov)

Massachusetts

- Grants, scholarships, tuition waivers, loans
- mass.edu/osfa

College/University (institutional aid)

- Grants, scholarships, loans

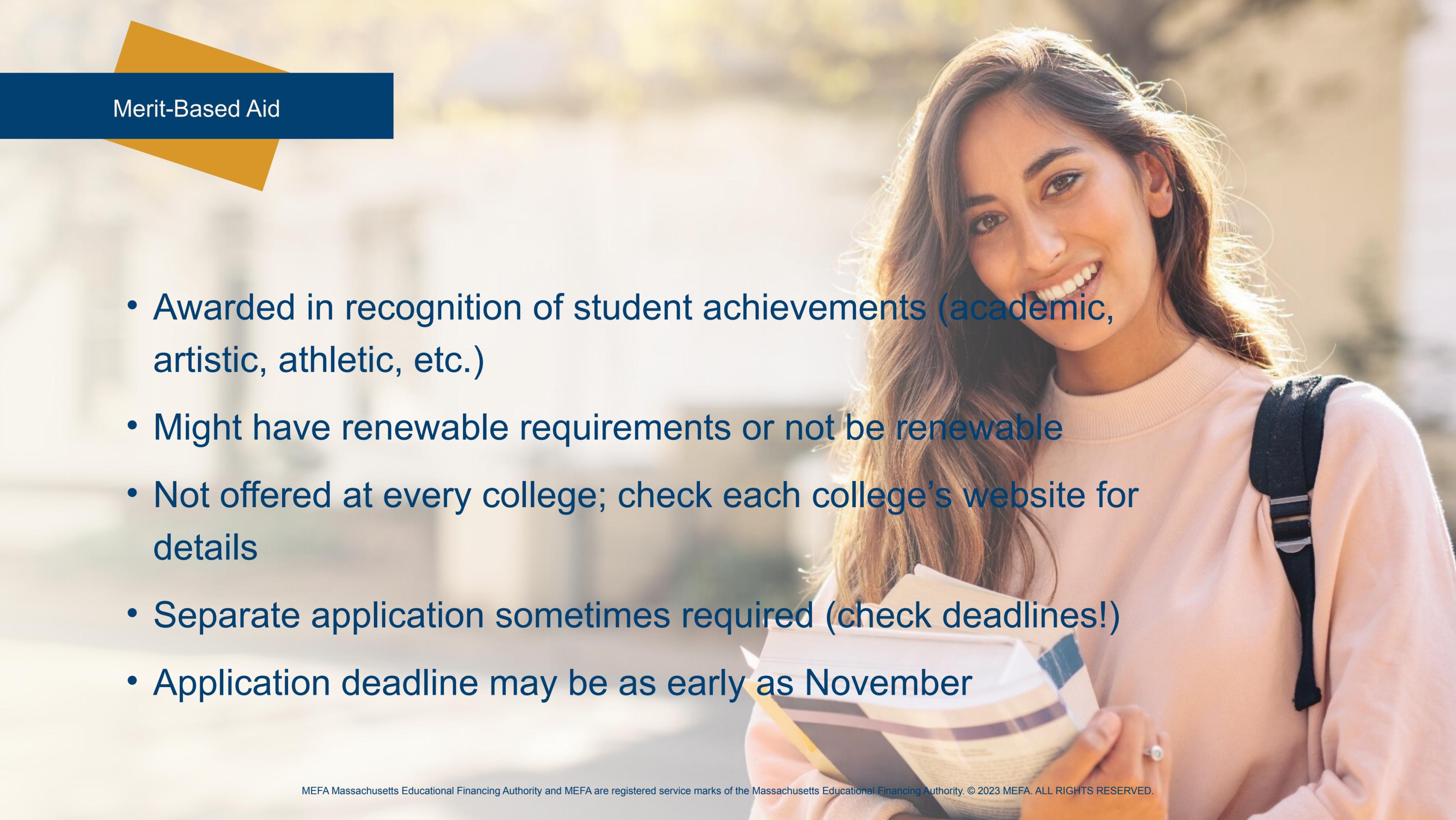
Other Agencies

- Scholarships: Search through mefapathway.org and fastweb.com, and check with your school counselor

\$174.4 billion*: The total amount of aid students received in 2021-22

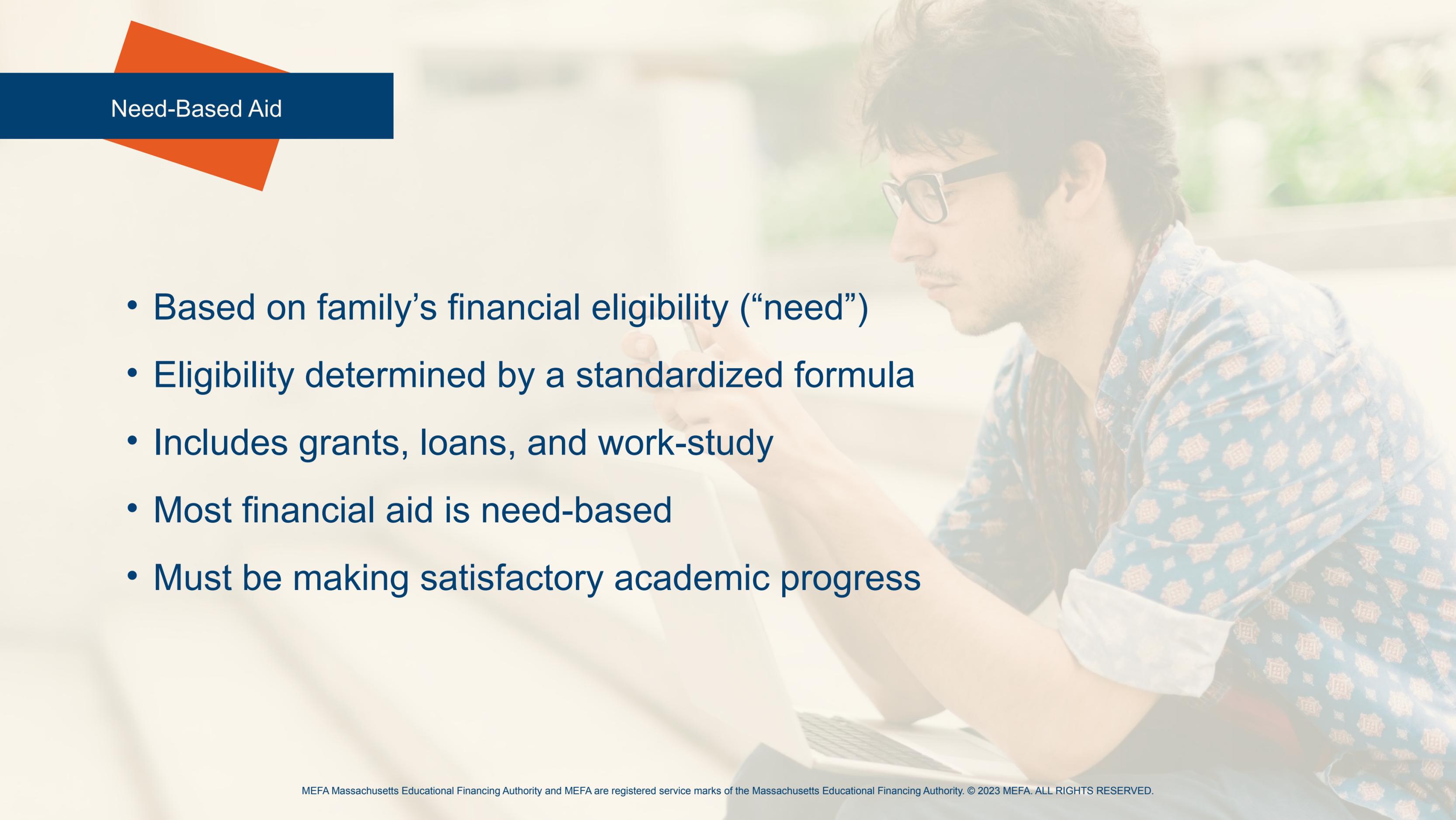
*Trends in Student Aid 2022, The College Board

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Merit-Based Aid

- Awarded in recognition of student achievements (academic, artistic, athletic, etc.)
- Might have renewable requirements or not be renewable
- Not offered at every college; check each college's website for details
- Separate application sometimes required (check deadlines!)
- Application deadline may be as early as November



Need-Based Aid

- Based on family's financial eligibility ("need")
- Eligibility determined by a standardized formula
- Includes grants, loans, and work-study
- Most financial aid is need-based
- Must be making satisfactory academic progress

THE APPLICATION PROCESS

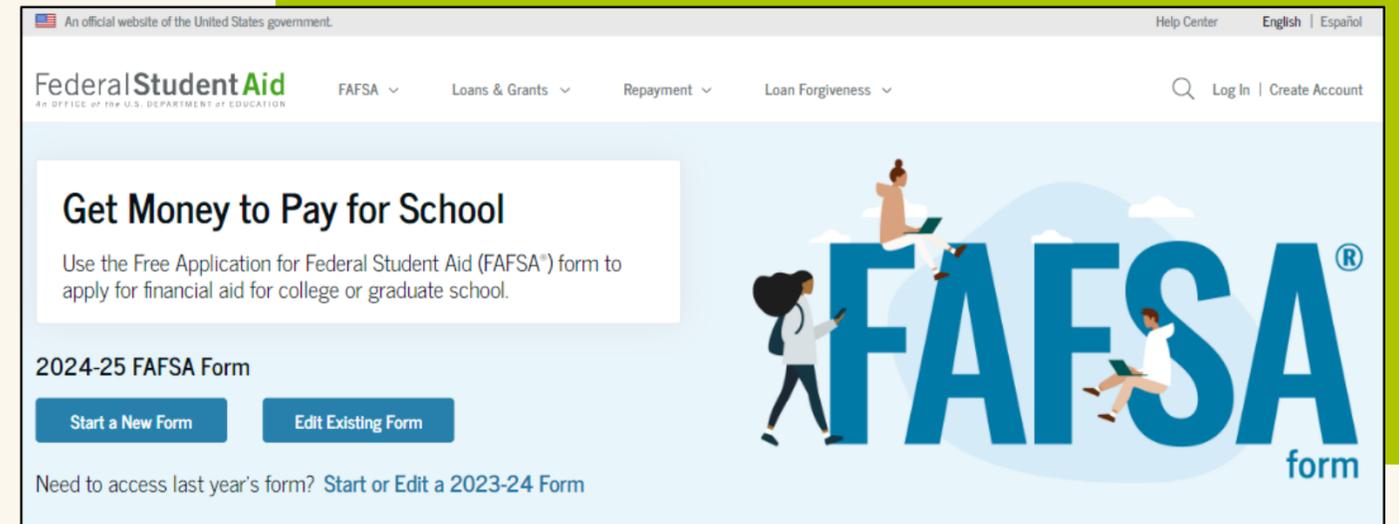
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Financial Aid Timeline

- Check deadlines and required applications on each college's website now
- Early Action/Decision deadlines are often in Oct or Nov
- Standard deadlines are typically in Feb or March
- MEET APPLICATION DEADLINES!
- Use MEFA's College Application Manager to stay organized
 - mefa.org/college-application-manager

FAFSA®

- Free Application for Federal Student Aid (FAFSA)
- Required by all colleges & must complete **every year**
- Available at fafsa.gov in Dec this year (usually Oct 1st)
- Contributor = person whose information appears on the FAFSA
- Best if student starts and then invites all other contributors
- Each contributor has a separate section
- Last contributor to complete can submit the FAFSA
- Incomplete FAFSAs are deleted after 45 days (!); reminders are sent every 7 days



FSA ID

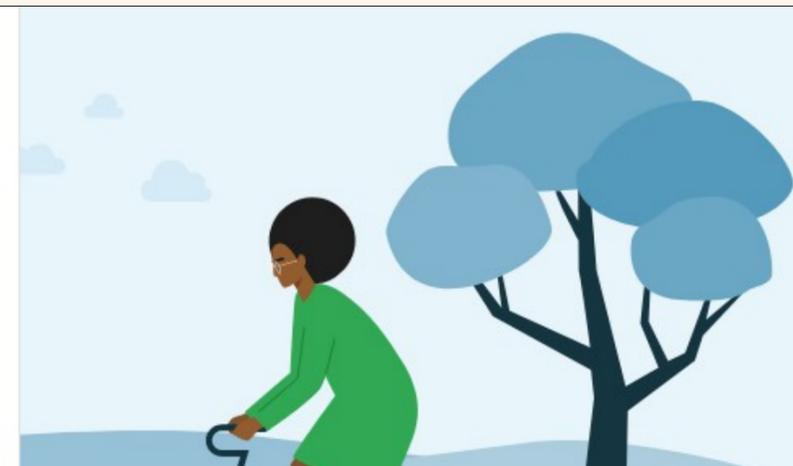
- FSA ID = username and password
- Must have an FSA ID to log in
- Set up your FSA ID now (must wait 2-4 days to start the FAFSA)
- Must have an email address
- Who needs an FSA ID?
 - Student
 - Student's spouse if filed taxes separately or didn't file
 - Every parent listed on the FAFSA
 - If parents filed taxes jointly, only one parent needs one
- Those without an SSN will answer knowledge-based questions pulled from on credit history

Create an Account

Whether you're a student, parent, or borrower, you'll need to create your own account to manage the student loan journey.

[Get Started](#)

Already have an account? [Log In](#)



What's Reported on the FAFSA?

GENERAL INFORMATION

- Student citizenship status
 - All U.S. citizens and eligible non-citizens can receive federal financial aid
 - Undocumented students are eligible for MA in-state tuition and state aid
- Colleges where student is applying (each one will receive your FAFSA)
- Parents
 - Married, including same-sex parents, include both
 - All parents who live together, married or not
 - Divorced/Separated: parent who provided more financial support in last 12 months & current spouse
 - If parents provided equal support, use the parent with greater income or assets
 - Use the *Who's My Parent Wizard*
 - Legal guardians are NOT a parent
- # in household: will pull from IRS but family can update
- # of children in college: will not be used in calculation

What's Reported on the FAFSA?

FINANCIAL INFORMATION

- Parent and student income (2022 income for the 2024-25 FAFSA)
 - Will pull in federal tax data from the IRS (must give consent)
 - Both taxed and untaxed income that appears on the tax return
- Parent and student assets
 - Include value of savings, checking, investments, all businesses/farms, other property
 - Include 529 accounts (only those for the student) as a parent asset
 - Do not include primary home, value of retirement, life insurance, 529s for other children
 - Child support received is considered an asset
- Debt is not reported except debt on reported assets

Attend our *A Deep Dive into the FAFSA* webinar on Dec 13th

Other Financial Aid Applications

CSS Profile™

- cssprofile.org
- Required by some colleges and universities
- \$25 for 1st school, \$16 for each additional
- Fee waivers if parent income is \$100k or less or family meets certain other criteria
- Becomes available October 1st
- Noncustodial parent submits a separate profile
- *A Deep Dive into the CSS Profile* webinar on Sept 28th

College Financial Aid Application

- Required by some colleges and universities

A banner for the CSS Profile application. It features a purple background with a photo of four students walking away in a hallway. The text is white and includes the title 'CSS Profile', a description of the program, and two sign-in buttons for different academic years.

APPLY WITH CSS PROFILE

CSS Profile

Each year CSS Profile unlocks access to more than \$10 billion in nonfederal aid to thousands of students.

Sign in to Fall 2024/Spring 2025

Sign in to Fall 2023/Spring 2024

After You Apply

- Colleges and the state receive data electronically
- Student will receive a FAFSA Submission Summary (FSS) by email
- Colleges may request (mandatory) Federal Verification documents.
- Colleges review applications and determine the financial aid offer
- Some schools may release estimated offers based only on the Profile
- Some schools may release different types of financial aid in stages
- Review college websites to learn about each school's timing
- No one will have to commit to a school without a financial aid offer

Verification

- Colleges verify data on financial aid applications
- Students selected by Department of Education or college
- Must comply with all requests to receive financial aid
- Families must submit additional documentation:
 - Tax Return Transcript
 - Verification Worksheet
 - Asset Account Statements
- Review all correspondence from colleges
- Log into college web portal for communications
- Create a family email address for the financial aid process so no requests are overlooked



Financial Aid Office

<p>Students Can Learn About Their Financial Aid</p>	<ul style="list-style-type: none">• Financial aid renewability criteria (financial, academic)• How will a private scholarship affect the financial aid?
<p>Ask About Special Considerations</p>	<ul style="list-style-type: none">• Changes in family circumstances• Appeal opportunities
<p>How to Contact the Financial Aid Office</p>	<ul style="list-style-type: none">• Phone call• Email• Chat (if offered)

HOW FINANCIAL AID DECISIONS ARE MADE

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Cost of Attendance (COA)

COA = Total Expenses for
One Year of College



= Billed or Direct Expenses



= Non-Billed or Indirect Expenses

Tuition & Fees



Food & Housing



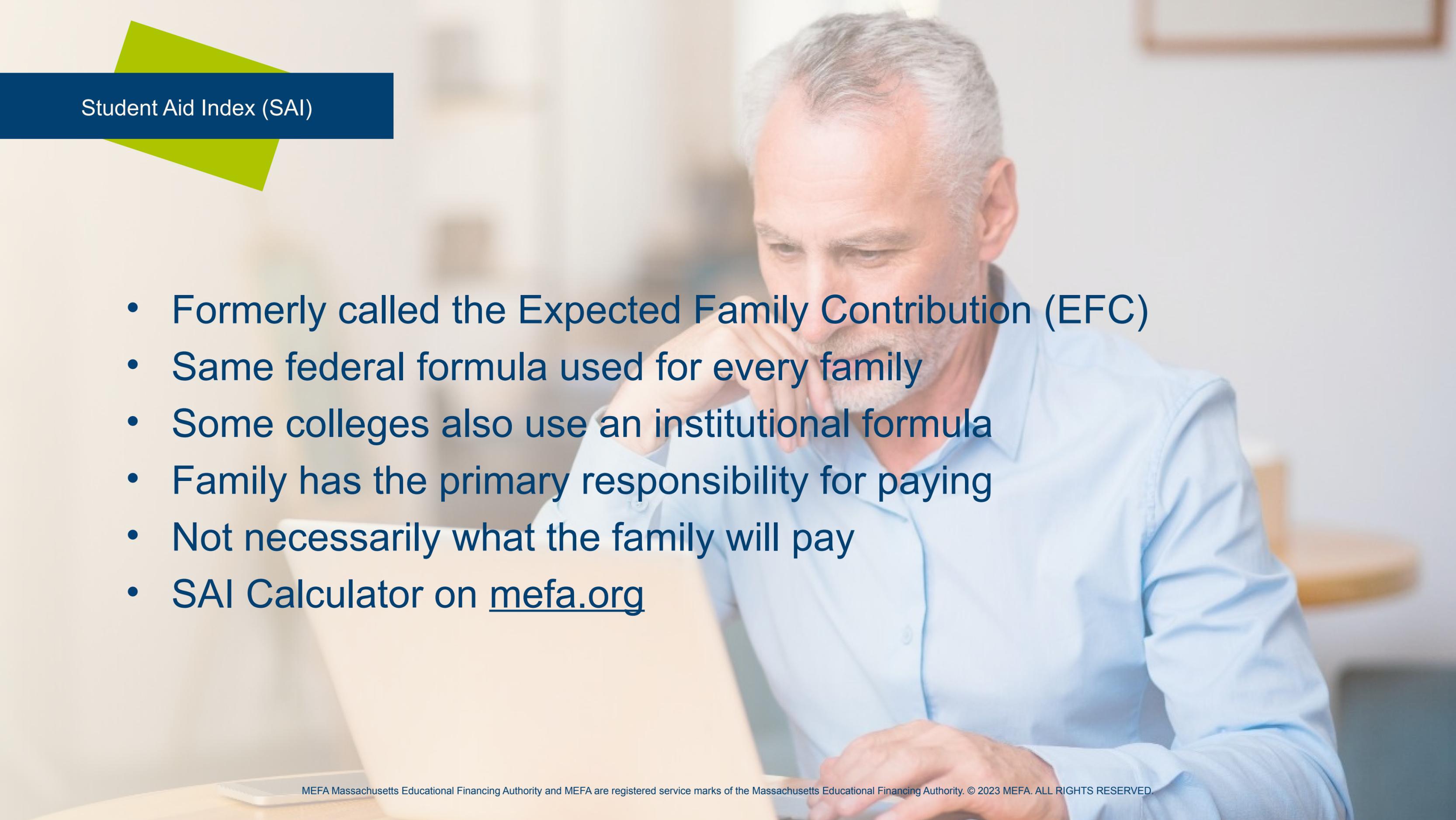
Books & Supplies



Transportation



Personal Expenses

A man with grey hair and a beard, wearing a light blue button-down shirt, is sitting at a desk and looking intently at a laptop screen. His hand is resting on his chin, suggesting he is in deep thought or reviewing something important. The background is a softly blurred indoor setting.

Student Aid Index (SAI)

- Formerly called the Expected Family Contribution (EFC)
- Same federal formula used for every family
- Some colleges also use an institutional formula
- Family has the primary responsibility for paying
- Not necessarily what the family will pay
- SAI Calculator on mefa.org

Financial Aid Formula

Colleges fill in
Financial Aid
Eligibility with
financial aid from
all sources

Cost of Attendance (COA)

-

Student Aid Index (SAI)*

=

Financial Aid Eligibility

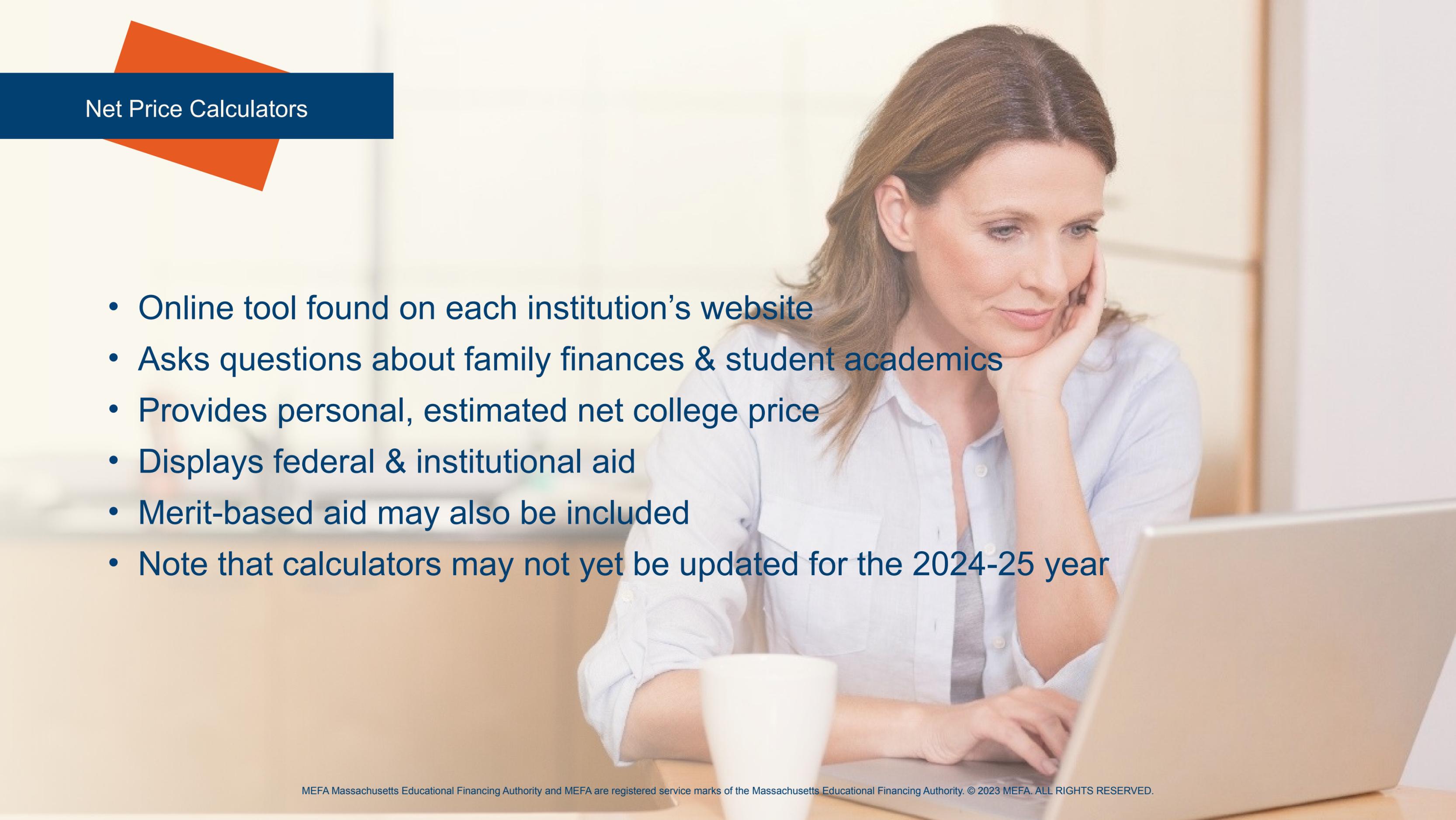
*Note that a negative SAI is treated as zero in this formula

Financial Aid Awarding

College
Cost of Attendance
\$45,000

Unmet need and SAI
are the FAMILY's
responsibility

Unmet Need	\$5,000
Work-Study	\$2,000
Student Loans	\$5,500
Grant Scholarship	\$17,500 \$10,000
SAI	\$5,000



Net Price Calculators

- Online tool found on each institution's website
- Asks questions about family finances & student academics
- Provides personal, estimated net college price
- Displays federal & institutional aid
- Merit-based aid may also be included
- Note that calculators may not yet be updated for the 2024-25 year

Offer Letters: Totals Can Vary

College
Cost of Attendance

\$45,000

Student Aid Index
(SAI)

\$5,000

Total Eligibility

\$40,000

	College A	College B	College C
Grants/Scholarships	\$32,500	\$25,500	\$17,500
Student Loans	\$5,500	\$5,500	\$5,500
Work-Study	\$2,000	\$2,000	\$2,000
Total	\$40,000	\$33,000	\$25,000
Unmet Need	\$0	\$7,000	\$15,000

Offer Letters: Types Can Vary

College
Cost of Attendance

\$45,000

Student Aid Index
(SAI)

\$5,000

Total Eligibility

\$40,000

	College A	College B	College C
Grants/Scholarships	\$27,500	\$17,500	\$0
Student Loans	\$5,500	\$5,500	\$5,500
Parent Loans	\$0	\$10,000	\$29,500
Work-Study	\$2,000	\$2,000	\$0
Total	\$35,000	\$35,000	\$35,000
Unmet Need	\$5,000	\$5,000	\$5,000

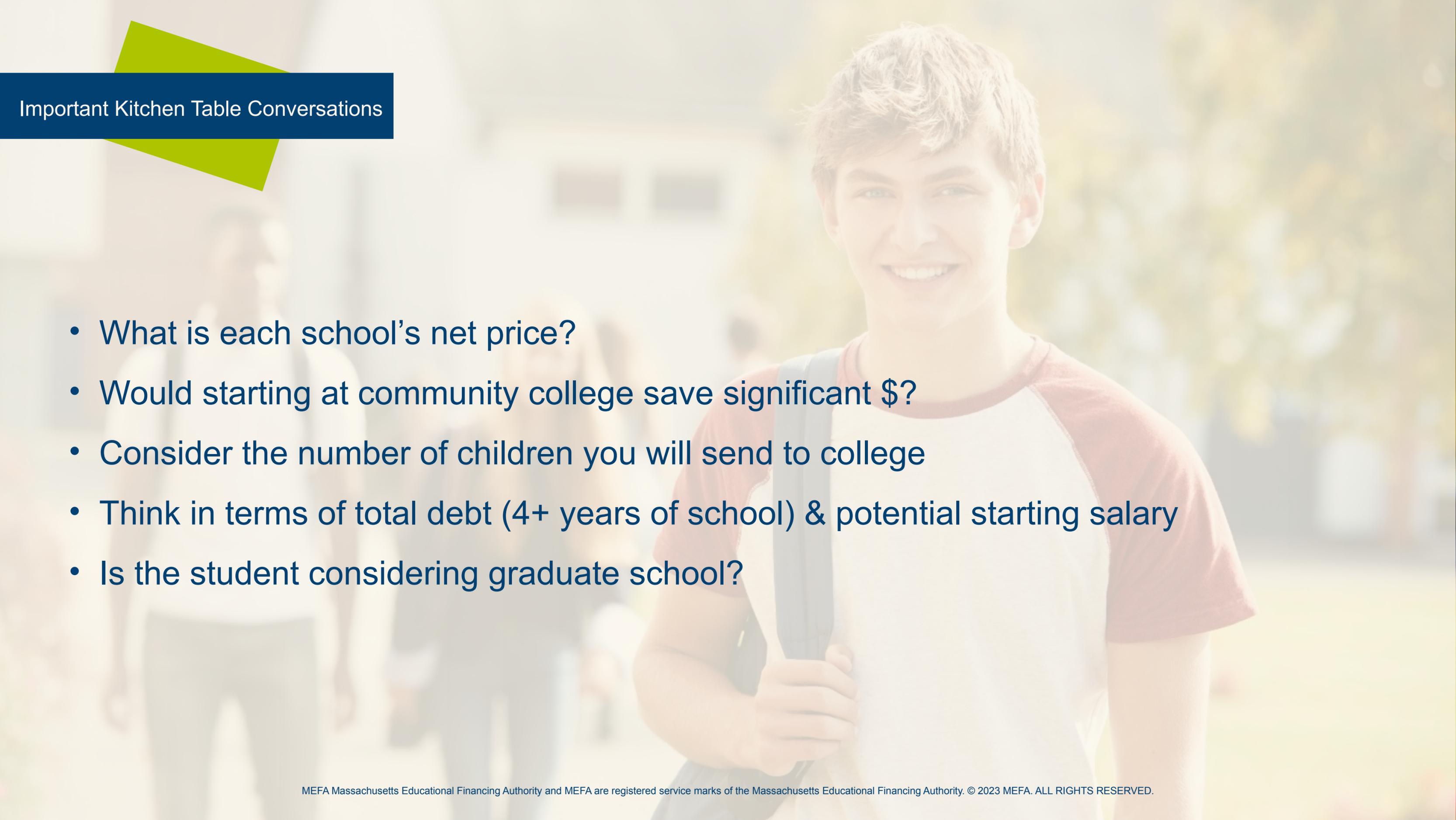
PAYING FOR COLLEGE

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Filling SAI and Unmet Need

Balance Due: \$20,000

Past Income (Savings)	
Student Savings	-\$1,000
Parent Savings	-\$4,000
Present Income (Current Wages)	
Parent Contribution to Payment Plan	-\$5,000
Future Income (Borrowing College Loans)	
Education Loan	-\$10,000
	\$0

A young man with short, wavy brown hair is smiling broadly at the camera. He is wearing a white t-shirt with red sleeves and has a dark blue backpack strap over his shoulder. The background is a blurred outdoor setting, likely a college campus, with other people and trees visible. In the top left corner, there is a dark blue rectangular box with a lime green triangle pointing towards it from the left. The text 'Important Kitchen Table Conversations' is written in white inside the blue box.

Important Kitchen Table Conversations

- What is each school's net price?
- Would starting at community college save significant \$?
- Consider the number of children you will send to college
- Think in terms of total debt (4+ years of school) & potential starting salary
- Is the student considering graduate school?

MA State Financial Aid

- States have different instructions for listing colleges on the FAFSA: studentaid.gov/apply-for-aid/fafsa/filling-out/school-list
- To apply for MA state financial aid, complete the FAFSA by May 1
- In MA, students who submit the FAFSA will receive an email or text from the MA Office of Student Financial Assistance (OSFA) inviting them to log in to the MASSAid Portal to:
 - Access and track state financial aid (NOTE: there may be none)
 - Use the College Cost and Financial Aid Eligibility information tool
- In MA, state financial aid is directed to the school listed first on the FAFSA. However, once students create a MASSAid user account, they can indicate the school they will attend to receive their state aid there

The screenshot displays the MASSAid Portal interface. At the top, it features the MASSAid logo and the Massachusetts Department of Higher Education Office of Student Financial Assistance. A navigation menu on the left includes links for My Home, My MASSGrant, My Forms, Grant/Scholarship Online Applications, Email OSFA, Account Management, College Cost and Financial Aid Eligibility Information, and Logout. The main content area is titled "College Cost and Financial Aid Eligibility Information" and includes a "Click Here" link to learn more about college costs and state financial aid programs. Below this, there are three bullet points providing information about viewing and comparing college costs, expected family contribution (EFC), and federal and state financial aid eligibility. A "Welcome Bobby!" section displays a form for updating student information, with fields for Name, Address, Email, Phone, and Cell Phone. A "My MASSGrant" section shows the award status for the 2023-2024 school year, indicating eligibility for a MASSGrant award at the University of Massachusetts-Amherst. A table below the award status shows the award details for the Fall and Spring terms.

Term	Amount	Status	Paid Date
Fall	\$600.00	ReadyToCertify	Pending
Spring	\$600.00	ReadyToCertify	Pending

Paying for College in MA Options

MassTransfer

- Makes transfer from community college to a 4-year public MA college more affordable
- Benefits include guaranteed credit transfer, tuition credit, & freeze on tuition
- mass.edu/masstransfer

Tuition Break

- Reduction on out-of-state tuition costs at New England schools for certain programs
- nebhe.org/tuitionbreak

FREE RESOURCES

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A background image showing a group of students in a classroom or office setting. In the foreground, a young man and woman are looking at a tablet together. The woman is smiling. In the background, other students are visible, some looking at a laptop. The overall tone is bright and positive.

National and Community Resources

FAFSA Day

- Free assistance completing the FAFSA
- Events held Feb-June
- Offered in both English and Spanish
- Register at [FAFSADay.org](https://fafsaday.org)

Massachusetts Educational Opportunity Centers

- Non-profit providing free financial aid help and career readiness services
- Schedule an appointment with an education advisor
- massedco.org/

MEFA Pathway

- No-cost college and career planning resource for students in grades 6-12
- mefapathway.org

Staying on Track Through Senior Year

Spring/Summer Junior Year

- Research colleges
- Visit campuses and college fairs
- Ask teachers for letters of recommendation
- Take the SAT/ACT
- Start writing the college essay

Fall Senior Year

- Retake the SAT/ACT
- Secure letters of recommendation
- Finalize the college essay(s)
- Attend MEFA's *Financial Aid 101* webinar
- Complete all admissions applications
- Get an FSA ID
- Submit the CSS Profile if required

Winter Senior Year

- Submit admissions applications
- Submit the FAFSA
- Apply for private scholarships
- Send in mid-year grade reports

Spring Senior Year

- Receive admissions and financial aid offers
- **Attend MEFA's *Understanding Financial Aid Offers & Paying the College Bill* webinar**
- Attend college open house programs
- Choose your college by May 1st

View an extended timeline at: mefa.org/college-admissions-and-financial-aid-timeline

What Students Can Do Now

- Get an FSA ID for the student and parent(s)
- Research deadlines and required applications
- Register for other webinars at mefa.org/events
- Read financial aid blog posts at mefa.org/blog
- Reference MEFA's *Timeline for College Admissions and Financial Aid* on mefa.org
- Sign up for MEFA's emails on mefa.org

Questions?

Call (800)-449-MEFA (6332) or email collegeplanning@mefa.org

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