

# MyCAP Curriculum Guide



DOMAINS	Personal & Social	Career Development & Education	Academic College & Career Planning
<b>OBJECTIVES</b>	Students will: <ul style="list-style-type: none"> <li>Demonstrate knowledge, understanding, and personal awareness of their individual talents, interests, hopes, dreams, and passions.</li> </ul>	Students will: <ul style="list-style-type: none"> <li>Demonstrate knowledge and understanding of career clusters</li> <li>Demonstrate critical thinking and informed decision-making skills to match their skills and abilities to particular career interests</li> </ul>	Students will: <ul style="list-style-type: none"> <li>Understand graduation requirements, MassCore requirements, AP options, and early college options</li> <li>Create a 4-year course plan connected to identified career interests</li> <li>Understand the variety of post-secondary options</li> <li>Be able to write a personal post-secondary goal and career goal</li> </ul>
<b>MEFA PATHWAY LESSON PLANS</b>			
		Complete <a href="#">Planning for My Career</a> lesson plan	Complete the <a href="#">Making Goals &amp; Action Plans</a> lesson plan
		Complete <a href="#">Career Categories</a> lesson plan	Complete the <a href="#">Creating a Course Plan</a> lesson plan
		Complete <a href="#">Applying Interests, Values, &amp; Skills to a Career Category</a> lesson plan	
<b>ACTIVITIES</b>			
	Register their account	Introduce “work-based learning” such as job shadowing, volunteer work, and community service	Journal a reflection about a college fair and/or college tour
	Create a profile and build a resume	Upload culminating project	
	Explore hopes, dreams, strengths, and weaknesses with the <i>Possible Selves</i> unit	Attend a career fair, listen to a guest speaker, and interview an individual in a career of interest	
	Write a reflection about results (journaling)		

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<b>MEFA PATHWAY LESSON PLANS</b>			
		Complete <a href="#">Writing a Resume</a> lesson plan	Complete <a href="#">What College Factors are Important to You?</a> lesson plan
		Complete <a href="#">Civic Participation</a> lesson plan	Complete <a href="#">Planning for My Career</a> lesson plan
			Complete <a href="#">The Importance of College Fairs, Rep Visits &amp; College Tours</a> lesson plan
			Complete the <a href="#">Exploring Options for After High School</a> lesson plan
<b>ACTIVITIES</b>			
	Update profile details such as activities, honors, awards, employment, and community service	Complete reflection on work-based learning experience	Save a minimum of 3 post-secondary options and write journal entry reflections of each
		Upload research product (LMI and Ed requirements)	Upload Career Pathway project

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<b>MEFA PATHWAY LESSON PLANS</b>			
			Complete <a href="#">Budgeting for the Future</a> lesson plan
			Complete <a href="#">Understanding College Affordability</a> lesson plan
			Complete <a href="#">Use My MA Benefits to Save Money on the Cost of College</a> lesson plan
			Complete <a href="#">The Cost of College</a> lesson plan
<b>ACTIVITIES</b>			
	Update activities	Write a journal entry about labor market trends in a personally selected industry sector	
	Write a journal entry or personal reflection on perseverance and resilience	Upload Career Ladder	



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<b>OBJECTIVES</b>	Students will: <ul style="list-style-type: none"> <li>Demonstrate personal responsibility</li> <li>Demonstrate the ability to communicate and listen effectively in academic and work-related settings</li> <li>Demonstrate self-advocacy skills</li> </ul>	Students will: <ul style="list-style-type: none"> <li>Demonstrate knowledge of key employability skills</li> </ul>	Students will: <ul style="list-style-type: none"> <li>Demonstrate the ability to navigate and use a variety of technology tools in order to select their career and college options</li> <li>Complete the application process for their post-secondary choice(s)</li> <li>Demonstrate an understanding of FAFSA, have access to it, and complete it with other financial aid applications related to their individual post-secondary goals</li> <li>Identify and justify their post-secondary plan and develop a financial budget to support it</li> </ul>
<b>MEFA PATHWAY LESSON PLANS</b>			
	Complete <a href="#">Writing a Personal Essay</a> lesson plan		Complete <a href="#">FAFSA Worksheet</a> lesson plan
	Complete <a href="#">Letters of Recommendation</a> lesson plan		Complete <a href="#">Applying Personal Criteria to the Scholarship Search</a> lesson plan
	Complete <a href="#">Interviewing Skills</a> lesson plan		Complete <a href="#">Applying for College</a> lesson plan
<b>ACTIVITIES</b>			
	Update Profile and Resume	Upload reflection on work experience	Write a journal entry describing post-secondary plans and create a financial budget to support it
	Write a journal entry summarizing credit review	Complete and upload a capstone project that demonstrates an immersive work-based learning experience	Complete Senior Survey
		Upload supervisor's evaluation	Complete workshops relative to post-secondary choice, such as Common App, FAFSA, community college, scholarships, or job corps workshops