

HIGH SCHOOL POSTSECONDARY PLANNING ROADMAP

Grade 10: Discover & Develop Your Interests and Skills

Explore careers and connect them to your future plans.

Academics

- Continue challenging yourself academically
- Meet with your counselor to discuss your course selections for the remainder of high school and how they line up with your future plans

Interests and Goals

- Re-take the interests, skills, and work values assessments in [MEFA Pathway](#) and compare your findings to past results
- Research careers that interest you
- Learn about the education, training, certifications, and salaries for careers you're considering

Exploration

- Identify several careers that interest you
- Attend career fairs, college fairs, military presentations, or trade showcases
- Conduct informational interviews
- Talk to your school counselor about summer opportunities

Experience

- Take part in job shadowing opportunities to observe professionals
- Volunteer and/or find part-time work
- Challenge yourself with new leadership experiences
- Participate in field trips
- Continue developing skills through extracurricular activities
- Update your resume

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Reflection/ Journal Questions

- How have my experiences this year helped me better understand my options after high school?
- What clubs, programs, and/or extracurricular activities do I enjoy?
- What leadership roles have I taken on, even informal ones?
- Which of my interests have changed?

MEFA Resources

- Use [MEFA Pathway](#) to update your resume, research careers, compare occupations, and learn about the education and training needed for various career pathways
- Explore MEFA's [career planning articles](#) to learn about different occupations
- Read MEFA's article, [What Are My Alternatives to College?](#), to learn about post-high school options, including trade school, technology programs, gap years, and more
- Use [MEFA Pathway](#) to add a journal entry that answers the reflection questions above